

**Hello, What's the matter? /What's the problem?**

**I feel (negative)** bad/ ill / (Br. En)=sick (Am. En) / dizzy / really rough / shattered / on my last leg / poorly / peaky / rough / awful / like death warmed up

**(positive)** alive and kicking / he's a picture of good health / hale and hearty.

**I've got** toothache /earache/backache/stomach-ache/ a headache

A (slight/high) temperature/fever

A cough / a runny nose

sore eyes / a sore throat

A rash/ an eczema / dry skin / a blister

Period pain / cramps / a nosebleed

An upset stomach / diarrhoea/ indigestion

A pain in my neck/shoulder/ elbow/ wrist/ knee/ ankle ....

Head/ chest/ arm /hand/ finger/ leg/ foot/toe...

**I'm** constipated

**My hand... is swollen**

I've been **vomiting**

**It's painful when** I swallow

**I can't** stop sneezing

My nose is blocked up

Heart / lung / liver

**When did it start?** .....days ago

**How did it happen?** I was (*doing something*) in... I hit my head.... I got an electric shock..

I got stung\_by a bee I fell down the ....

**Let me have a look!** Open your mouth... / can you move your...? / Put this under your tongue/

Breathe deeply / Does it hurt? / Does it itch? / Do you bleed easily?

**What is it then, Doctor?**

**I think you've got** an infection/ flu/ a cold / an allergy/ indigestion/ a hangover /constipation

a sprained wrist/ ankle/ knee,.... a broken leg / arm / nose/finger/toe/bone,.....

There 's a virus going round

**You need** an X-ray / a bandage / a plaster

**I'll give you a prescription for some** medicine / aspirins /painkillers/ antibiotics /Ibuprofen/ cream/ drugs/

eyes drops /cough syrup / tablets/ pills/ suppositories/ injection

(shot)

**How often must I take this?** Take .....3 times a day for a week/ fortnight

**Should I stay in bed?** No, but you should/ shouldn't .. stay at home / keep warm/ move/run/...

Very often, rest is the best prescription